**West Essex Suicide Prevention Wave Four**

**Community Grants Fund 2023/24**

**Guidance Notes**

**The Aim of the Wave Four Programme:**

* Build resilience to Mental Health problems in local communities
* Promote positive mental health in local communities
* To reduce the stigma of self-harm and suicide.
* To increase community-based support for those at higher risk of suicide
* To reduce the incidence of self-harm and repeated self-harm.
* To reduce the impact of self-harm and suicide.

**Who we want to help:**

# Projects that support men, especially middle-aged men, and young men where there is an emerging risk of self-harm and suicide.

1. **Projects supporting men in high risk groups include:**

* In the care of Mental Health Services, including inpatients.
* With a history of self-harm.
* In contact with the Criminal Justice System.
* Working in specific occupations – for example construction and farming.
* Substance and alcohol misuse
* Vulnerable groups – People of colour, LGBTQ+, Veterans, Homeless and rough sleepers, survivors of domestic/sexual abuse.

**Men who haven’t used mental health services but have underlying risk factors/triggers/stressful live events eg bullying, relationship breakdown, loneliness/social isolation, bereavement, financial issues etc., and which are likely to have been impacted by COVID.**

**Three quarters of men who complete suicide have NOT sought help – how can your project reach them?**

**Exclusions**

* Bereavement – there will be another national fund for bereavement from suicide, but we will accept more general bereavement support e.g. to tackle social isolation.
* Training e.g. Mental Health First Aid or suicide prevention training. This is already available through other initiatives.

**Please note the following conditions:**

1. Any voluntary or not for profit organisation can apply but may make **only one** application
2. If your project is for two localities (In Hertfordshire and West Essex) we may consider further funding
3. Maximum grant will be £**3000**, per location. For example, if an organisation is seeking funding to deliver work in 2 localities e.g. Harlow and Broxbourne, it can apply for up to £4,000.
4. The project must be related to delivery of services to **‘Who we want to Help’** as above.

4. Projects can -

a) Expand existing services

b) Create new types of support

**How to Apply**

1. Bidders must tell us if they are also being funded/seeking funding from other bodies and for what. We will not fund bids for the *same* project but may well fund bids for a *different* or specific enhancement to an existing project even if bidders are funded by others.
2. Match funding and/or other evidence of joint working will increase chances of success. You should clearly identify which other funding organisations are involved, and how much they will be contributing.
3. There can only be one bid per organisation. Where multiple organisations are bidding for funding to support a single project or initiative, we will only consider one organisation’s bid.
4. £3000 is the maximum size of any bid (this will help to ensure the funding helps more organisations) but it will not be reduced on the basis of match funding.
5. We encourage joint working between organisations and associations.
6. All applications must:

* identify which part of the target groups referred to above will be supported.
* explain how the project will be evaluated.
* Explain how the project and outcomes will be sustained when the funding has ended.

**Reporting and monitoring**

* All successful bidders will be required to:
* provide quarterly updates on how the project or initiative is delivering against the objectives identified in the application;
* tell us how they are spending the funding. They must also tell us if there is a risk that some of the funding will not be spent in line with the agreed plan or timescales.
* Where we consider that organisations are not spending the funding in line with the agreed plan, we may seek to recover these costs.
* Any unspent funds at the end of the funding period or when the project ends, must be returned to us.

**Process**

Where funding is oversubscribed or more information is sought, bidders may be interviewed remotely or asked to provide more detail by email.

**Timescales**

* The deadline for bids is 5pm on 7th April 2023
* Applications will be assessed during the period 10-14th April 2023.
* Applicants will be notified of the outcome on Friday 14th April 2023
* Applications will be reviewed by a panel. If your application is unsuccessful, we will let you know why and how future applications might be improved. The panel’s decision is final, and we will not accept any appeals.
* Funding will be awarded during April 2023
* Money should be spent between April 2023 and March 31st 2023.
* You will need to sign a grant agreement before we will release any funding to you. The person signing the agreement on behalf of your organisation must authorised to do so.

We will issue a Purchase Order number, which you must use when you invoice us for funding. Please send the invoice to: [finance@mindinwestessex.org.uk](mailto:finance@mindinwestessex.org.uk)

**Ideas implemented elsewhere in the country:**

[https://www.healthierlsc.co.uk/suicide/suicide-prevention/innovation-fund-projects](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.healthierlsc.co.uk%2Fsuicide%2Fsuicide-prevention%2Finnovation-fund-projects&data=02%7C01%7C%7Cf5569d76c5b44868842a08d792b4b1fb%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C1%7C637139177084458126&sdata=JoUfdHljjpJE26vs6cTREs33I0Nf2nGShIXBDu5KfcA%3D&reserved=0)

<https://www.kent.gov.uk/__data/assets/pdf_file/0008/97370/Suicide-Prevention-Innovation-Fund-evaluation.pdf>

**Samaritans research on reaching out to men:**

[Engaging men earlier | Our policy and research | Samaritans](https://www.samaritans.org/about-samaritans/research-policy/middle-aged-men-suicide/engaging-men-earlier/)

<https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxNDAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTAxMjkuMzQyMzAzMTEiLCJ1cmwiOiJodHRwczovL3Byb3RlY3QtZXUubWltZWNhc3QuY29tL3MvazBQb0NKWlhXczhKcjRXVUdyRFpxIn0.QUj5HRGGiUcmJhZfRi3QIiww6bB5K5xzUifzo1nS9OY/s/787511377/br/94563720516-l>

**General Resources on Suicide Prevention:**

<https://www.gov.uk/government/collections/suicide-prevention-resources-and-guidance>

**Thank you for your interest; we look forward to hearing from you**